



Charity No. 283931

## **Phab - Terms and Conditions 2023** **TCS Marathon Guaranteed Entry**

When submitting your on-line application, you agree to raise a minimum of £1850 excluding Gift Aid. Online fundraising pages **MUST** be set up and showing a minimum of £400 within three months of signing up unless you have come to an agreement with Janine Williams, our Challenge Events Manager.

Additionally, Phab requires you to have reached at least £1,500 prior to Race Day – 23<sup>rd</sup> April 2023 - or to have come to an arrangement with Janine Williams. **(This does not apply to overseas runners.)** The balance of the £1850 must be received within the 3 months following Race Day.

- Overseas runners agree to raise a minimum of £2,200 – this is payable in advance and by Friday 28<sup>th</sup> January 2023.
- In the event of there being a shortfall in your fundraising, you agree to make up that shortfall personally.
- The minimum pledge applies once you are accepted to run by Phab having been allocated a guaranteed entry with Phab.
- In the event of you having to withdraw, Phab does not operate an automatic deferral system but should you wish to apply for the following year an on-line application is required. Monies raised and received would be carried forward to the following year. (One year only)
- The guaranteed entry is given on the understanding that you raise sponsorship exclusively for Phab. This cannot be shared to raise funds for any other Charity.
- Funds raised off-line by each Phab runner (not via JustGiving) must be sent personally to Phab and not given to a third party to send on to Phab, unless previously agreed. These funds need to be sent in after every event. We require you to send in off-line sponsorship as it is raised, by cheque or BACS, and any remaining sponsorship must be received by Phab **no later than 23<sup>rd</sup> July 2023.**
- Under no circumstances can you transfer your place to another runner.
- Phab reserves the right to withdraw any runner at any time.
- If for any reason you do not take part in the event, and have not previously advised Phab, any money raised and received by Phab will not be refunded.



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## On-line Fundraising for Runners 2023

- Create your on-line sponsorship page by visiting JustGiving  
<http://www.justgiving.com/phab/raisemoney>  
Then follow the simple instructions to create and personalise your page.
- Once you have created your page, email your page details to family, friends, colleagues, and other contacts for them to donate quickly and easily on-line with a credit or debit card.
- On-line donations from UK taxpayers will automatically benefit from the bonus of **Gift Aid** (currently 25%).
- **The Gift Aid payment CANNOT be considered as part of your minimum pledge amount.**
- Funds raised via JustGiving come directly through to Phab and we are updated weekly on your level of on-line sponsorship.
- Off-line funds should be sent to Phab (**see FAQs**) as they are received; please add these off-line funds to your on-line JustGiving fundraising page.



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## FAQs

### TCS London Marathon 2023, Sunday 23<sup>rd</sup> April

**Who should cheques be made payable to?**

*Phab Ltd*

**Do Phab require sponsors, not using an online site, to put their name, address, and postcode on the sponsor form for Gift Aid to be claimed?**

*YES – without the sponsors' name, house number and postcode we are unable to claim the Gift Aid.*

**How do I fundraise?**

*Each individual has access to different fundraising sources and should fundraise in ways they feel comfortable with. For further tips please visit our web site <http://www.phabkids.co.uk/> - there are lots of downloads at <https://www.phabkids.co.uk/advice/fundraising>*

**Can my sponsors pay by credit card or debit card?**

*YES – you can build your own web page with JustGiving for on-line sponsorship via credit or debit cards.*

**If I raise some or all my sponsorship via JustGiving, is the Gift Aid recoverable considered part of the minimum pledge?**

*NO. Gift Aid cannot be included as part of your raised minimum pledge amount.*

**When do I get my Phabkids runner's pack?**

*Phabkids runner's packs are sent out in mid-February 2023.*

**Do Phab supply running vests?**

*YES – you will be sent a Phabkids vest in your runner's pack in mid-February.*

**If I sustain an injury prior to the race and have to withdraw, am I committed to still send the minimum amount pledged?**

*No – your commitment to raise your pledged amount comes into effect once you run on Race Day.*

**If I sustain an injury and have to withdraw, will I automatically be allocated a Golden Bond place for the following year?**

*NO – please contact [Janine@phabkids.co.uk](mailto:Janine@phabkids.co.uk)*

**If I start the marathon but do not finish, am I still expected to honour the pledge?**

*Yes – Phab cannot claim back the place from the organisers for the following year if you actually start to run on Race Day.*

**Do Phab have a post-race meeting point on race day?**

*YES – We are privileged to hold our post-race reception area at The Storeyard and Park Offices in St James's Park, the working yard for St James's Park, where Phab provide showers, massage and refreshments (more details will follow at a later date). The Storeyard remains open until 6.00 pm on Race Day. The last massage is at 5.00 pm.*

**Can Phab help with accommodation for race weekend?**

*We suggest that Phab runners looking for accommodation in London go to the official London Marathon website.*

**When do Phab require the off-line sponsorship money by?**

*All off-line money must be sent into us by cheque or by BACS as you raise this, with the balance of any off-line money by **23 July 2023**.*

**When, where and how do I register?**

*Phab will send you a link to register with London Marathon Events, and then you will be sent your final instructions for registration direct from the organisers of the TCS London Marathon This needs to be done on-line. You then need to register in person which takes place on the four days prior to the event at Excel, Docklands, London, Wednesday 11.00am–8.00pm, Thursday and Friday 10.00am–8.00pm, Saturday 9.00am–5.00pm. **If you arrive after 5.00pm on the Saturday you will not be allowed to register and therefore cannot run.***

**Can Phab loan me a banner for fundraising?**

*YES – however these are much in demand and they must be returned afterwards.*

**Can Phab supply collection boxes?**

*YES – Collection boxes are available, on request, but they **MUST** be returned empty after the event to Janine Williams, Phab Challenge Events Manager, 1 Calvert Road, West Park, Uckfield, East Sussex TN22 2DB. They are for use on private premises only and may not be used for street collection.*

**Can Phab supply me with a letter of authority?**

*YES - If any of your sponsors need a letter to prove to them that you are indeed running and raising money for Phab please get in touch with Janine.*

**Is it OK to put sponsors logos on my vest/T-shirt?**

*YES*

**Should I put my name on my vest/T-shirt?**

*YES DEFINITELY – This will get you round on the day with people calling out your name.*

**Can I give my place to someone else if I am unable to run?**

***NO** – **This is not allowed.** If you are unable to run Janine Williams must be informed. [janine@phabkids.co.uk](mailto:janine@phabkids.co.uk) or phone 01825 749826*